## RENÉE'S RECIPE BOX

TO:

ALL LOVERS OF GOOD VINAIGRETTE DRESSINGS

FROM:

RENÉE BERBERIAN

DATE:

4/12/2001

## HONEY MUSTARD VINAIGRETTE

## Ingredients

Add balsamic vinegar and mustard together using a hand held blender or whisk. Your blender will need the flat tipped plastic disc attachment for the entire blending process; (this piece is used to infuse with air and add volume). Blend on high. If you do not have a hand held blender, then a whisk used with constant and quick wrist motion will also work.

- 1. a. 21/3 Cups Balsamic Vinegar
  - b. ½ Gup Grey Poupon Mustard
  - c. 1/2 Cup Maille Old Style Whole Grain Dijon Mustard

Add section 2 ingredients in order. Oil should be added by trickling it in slowly constantly blending or whisking non-stop. If the oil is added to quickly, your dressing will never infuse and will be ruined. A correctly infused dressing will not separate and will be rich and creamy. Add the honey after infusing the oil, vinegar and mustard mixture – continue to blend.

- 2. a. 1 ½ Cups Virgin Olive Oil (extra virgin or light to your taste)
  - b. 2/3 Cup Honey

Add section 3 ingredients, constantly blending or whisking. Once all of the ingredients have been incorporated, transfer to serving cruets. This dressing will yield 6 cups and can be used on salad, over cold chicken, as a dip for artichokes, etc. etc. Enjoy!!!

- 3. a. <sup>1</sup>/<sub>4</sub> Cup Capers
  - b. 1 Overflowing TBS. Dried Parsley Flakes
  - c. 1 TBS. Dried Chopped Chives
  - d. 1 TBS. Dried Cilantro
  - e. 1 TBS. Dried Basil Leaves
  - f. 1 Overflowing TSP. Dried Orange Peel
  - g. 1 TSP. Dried Dill Weed
  - h. 1 TSP. Black Pepper